



my benefits® for employees

Plan Administrators of their Chambers of Commerce Group Insurance Plans have long had the ability to administer their programs online using our secure web-based platform at **my-benefits.ca**. From adding employees to making changes to employees' salaries, Plan Administrators could address their group plan needs instantly and directly, all at the click of a mouse.

The Chambers Plan is excited to introduce a new platform designed specifically for your employees. Beginning in November, 2009, employees will now have secure, online access to their own Chambers Plan coverage on **my-benefits**. They'll be able to get fast, convenient answers about their health or dental coverage, the ability to check submitted claims, print claim forms, and even see when they're eligible for their next check-up!

And, by registering for my-benefits, employees also gain access to our new health and wellness site. Here they will find up-to-date health care resources pointing them to trusted information and services, acting as their compass when navigating the Canadian health care system.

my-benefits health allows employees to:

- Find a family doctor or specialist.
- Check procedure wait times.
- Locate patient assistance programs.
- Explore resources on senior care.
- Search prescription drug library and conditions database.

By learning more about health issues and conditions, and available resources, **my-benefits health** can empower your employees to make knowledgeable decisions about their families' health care.

Over the next few months, employees will be receiving a letter introducing them to **my-benefits** and inviting them to register. A simple registration process will provide them quick access to their secure personalized site.

If you have any questions, please contact your local advisor, or contact our Service Centre at 1 800 665-3365.

PLAN ADMINISTRATORS
Not registered for my-benefits?
Visit www.my-benefits.ca
and sign up by clicking on the
More Information link.

